

Human Dimensions of Change

Change in any capacity can be a daunting prospect. This course looks into the human aspects of a change process and examines why some people put up barriers to change while others embrace it wholeheartedly.

Overview

This course examines how and why people react to change differently depending on their personality. We look at why some people resist change and how our reactions can influence those around us. Human Dimensions of Change is an excellent course to use as part of a team building session or incorporated into your organisation's change management strategy.

Key Outcomes

- Understand how people manage change differently
- Understand different styles of working and processing of information
- Raise self-awareness and acknowledgement of own personal working style
- Improve working relationships between team members
- Encourage cohesiveness in teams going through change processes
- Aid effective interaction with people with different communication styles to your own
- Identify what styles make up the most effective team
- Use personal styles to know yourself and others

Course Outline

- Elements of the change process
- Change learning and comfort: how and why people respond differently
- Theories of change and constraints
- Personal styles of working
- How these styles can complement or conflict each other

enableeast
making improvements actually happen

This is an energetic and highly interactive course, making it perfect for a team building session. It is ideally suited to groups of 15 or more team members.

This course identifies the personal differences within a team, and shows members how to value those differences and use them in an effective and empowering way. Managers can also learn how to make their team members feel more comfortable while going through any change process.



Around

70%

of organisational change programmes fail – due mainly to employee resistance to change



Key Points

- Half Day Course
- Can be delivered in conjunction with any of our other half day programmes
- Our trainer is an experienced clinician able to tailor delivery specifically to a clinical team context
- Contact Enable East on 01206 287543 or email enableeast@enableeast.org.uk