

Older People

Enable East has been at the centre of some groundbreaking projects which have revolved around the improved care of older people as well as an increased awareness and appreciation of the effects of dementia and ageing.

In My Shoes

Enable East is currently managing the Dementia Workforce Transformation Project with a central aim of improving the workforce development and training of health and social care staff surrounding Dementia services. The programme has been commissioned by Health Education East of England and is being delivered via the North Essex Partnership University Mental Health Foundation Trust (NEP).

Our team have developed a training programme centred around GERT suits (see photo below) – a suit which simulates aspects of dementia and frailty and allows the user to develop a greater empathy for what service users with these conditions feel and experience physically and emotionally. The training programme is called 'In My Shoes' and will be made available to any organisation wishing to train their employees in dementia awareness.

To accompany the training programme, Enable East is also developing a Dementia Charter Mark which will be awarded to organisations who meet a specific set of criteria relating to dementia awareness and training. Work on this project will continue into 2016 and brings together the skills and knowledge of professionals working within mental health trusts, universities and government organisations.



New Care Pathways for Older Adults

Enable East has supported a number of projects to develop new care pathways for older people.

In 2013 we worked across multiple stakeholders in West Essex to develop proposals for a new integrated frailty pathway now fully implemented. We also supported Peterborough CCG with the development of innovative local care pathways as part of wider work to recommission local services from a new provider.

Dementia Ward Review

Following concerns about the overall climate of care on a specialist dementia ward, Enable East was commissioned to undertake a review of the ward and make recommendations for immediate improvements to services and care.

Enable East spoke to a number of staff, either working on the ward or connected to it, as well as carrying out some observations during a ward round. We assessed various aspects of the ward including the management, assessments, ward leadership, nursing care, professional development, specialist skills and safeguarding procedures.

Enable East looked at the ward in the wider context of older people's services in the area and how the ward's objectives linked to the overall strategy of the service as a whole. It was identified that there needed to be a greater management intervention and governance structure to provide direction for the ward, and that there should be a development or reiteration of a coherent strategic direction for older people's mental health services in the area in which the role of residential units be clearly acknowledged as part of the whole service.

The number of **over-85s** is estimated to more than double from **1.44 million** in 2012 to **3.64 million** by 2037



Legislation

Our staff and associates have a wealth of specialist expertise and experience in the health and social care field which allows us to deliver effective and personalised training in a range of subjects centered around legislation and national guidance.

Care Act Training

We provided training on the Care Act for a local authority in London, covering aspects of the act such as advocacy, safeguarding vulnerable adults and the impact of the act on carers.

As with all of our training programmes, this course was developed specifically for the customer, taking into account exactly what staff development requirements they had. The training focused on helping the staff identify what changes they needed to make in relation to providing accurate information and advice, carrying out assessments, focusing on well-being and applying national eligibility criteria.

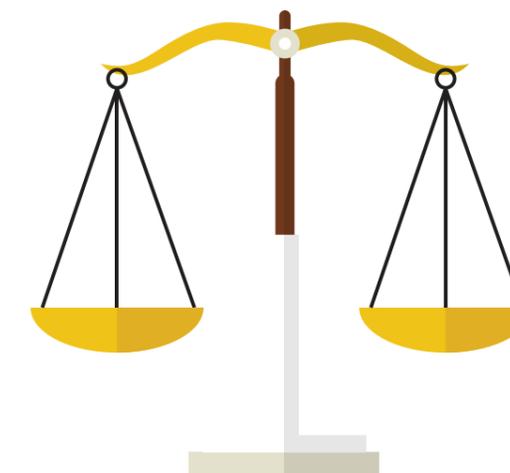


MCA/DoLs Training

The Mental Capacity Act 2005 (MCA) states that everyone over 16 years old should be treated as able to make their own decisions until it is shown that they cannot. We developed an interactive and scenario based training course aimed at members of the children and young people's workforce who are involved in advocating, supporting or decision making on behalf of young people which covered the principles of mental capacity and how to apply best practice.

During the training, participants were made aware of the context of the MCA and Deprivation of Liberty Safeguards (DoLs) of young people and learnt how to apply the key principles to inform best practice.

We have delivered this training to a range of organisations such as county councils, NHS organisations and local authorities. Feedback has been very positive with one participant saying: "today's session was very interactive and the scenarios encouraged a lot of discussion and thinking. It was well presented and the trainer was very knowledgeable."



The **Care Act** is an historic piece of legislation as it includes the first overhaul of **social care statute** in England for more than **60 years**

Care Treatment Reviews

Enable East has a core team of professionals who are able to carry out Care Treatment Reviews (CTRs), all with clinical backgrounds giving them the depth of expertise and necessary skills to carry out the review to the highest professional standard.

CTRs were developed as part of NHS England's commitment to improving the care of people with learning disabilities or autism and aim to reduce unnecessary admissions and lengthy stays in specialist hospitals. They ensure that individuals get the right care, in the right place, ideally in the community and close to home.

Enable East has provided the capability for CTRs for a range of organisations including CCGs, and have acted as both commissioner and clinical lead. Our team are able to organise an advocate for the individual if required and co-ordinate the entire process in collaboration with the commissioning organisation.